

BECKY LEE OSTERBACK

BSN, RN, Healing Touch Clinician

Becky Lee offers therapeutic treatments to help you feel better. She has more than 20 years experience as a critical care nurse; caring for people at the beginning and ending stages of their lives, plus all the health events in between. Becky Lee can provide a total network of health options for your healing journey.

Becky Lee knows where you're coming from. After three car accidents, Becky Lee couldn't walk, talk, read or write. She is living testimony of her own work and the power of Healing Touch.

Faith and dedication helped Becky Lee transform her own struggles from despair to health and joy. She looks forward to guiding you on your path toward health and well-being.



Take Your Life Back!

Total Body Makeover
(inside and out)

- Healing Touch & Raindrop Therapy
- Total Body Massage
- AquaMED Dry Hydrotherapy
- TurboSonic®
- Biofeedback / Galvanic Spa

Removing the negativities of life and replacing them with the positive through Healing From the Heart therapies. Most therapies are \$1 per minute.

BECKY LEE OSTERBACK, BSN, RN,
HEALING TOUCH CLINICIAN
Call for your appointment **(509) 344-3278**
BeckyLee@HWwise.com

You'll find *Healing from the Heart* treatments at:

Rock Pointe Tower
316 W. Boone, Suite 257
Spokane, WA

Huckleberry's Natural Market
926 S. Monroe St.



Take Your Life Back!

**A Complete
Network of
Health Options**



Before After
TurboSonic & Galvanic Spa

Becky Lee Osterback
BSN, RN - Healing Touch Clinician

www.hwwise.com

(509) 344-3278

Take control of your health..... Invest in treatments that heal...

Healing Touch

Becky Lee Osterback, BSN, RN, is a Healing Touch Clinician (American Holistic Nursing Association). She uses hands-on treatments and energy based techniques with the best of technology. The nursing profession first designed Healing Touch with a clinical focus that uses touch to promote physical, emotional, mental and spiritual health. You are given the opportunity to feel empowered by participating fully in your healing journey.



Healing Touch Process

All healing is basically self-healing. A doctor can set two bone fragments in place, but the body itself finally heals the break. The physician simply directs the process. Healing Touch is complimentary. It functions from an energy perspective, rather than a physical one. In a safe, relaxing environment, the connection is re-activated between mind, body & spirit.

Healing Touch Benefits

- ❖ Reduce Stress
- ❖ Calm anxiety, depression
- ❖ Decrease Pain
- ❖ Strengthen the immune system
- ❖ Enhance recovery from surgery
- ❖ Complement care for neck and back problems
- ❖ Deepen spiritual connection
- ❖ Support Cancer Care
- ❖ Create a sense of well-being
- ❖ Ease acute and chronic conditions, including fibromyalgia.

Individual experiences will vary.

Raindrop Technique

This spa-like experience with full body massage & Healing Touch is completely relaxing & rejuvenating. Raindrop Technique uses therapeutic-grade essential oils that are antiviral, antibacterial & anti-inflammatory boosting your immune system and helps your body heal.



Raindrop Technique Process

As you relax, the oils are applied to the spinal reflex points of your feet. These reflex points communicate through your nerves to reach your circulatory system. Nine different oils will be applied like rain drops along your spine and over your back. Feather-like strokes massage the oils along the spine.



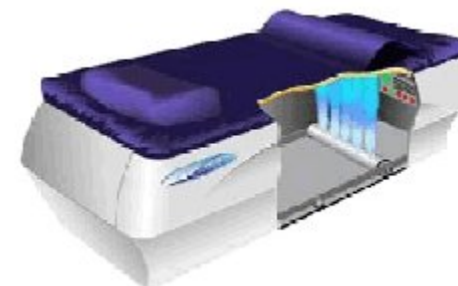
Raindrop Technique Benefits

- ❖ Soothe aches and pains (from age and injuries)
- ❖ Reduce colds and flu (supports the immune, endocrine, and nervous system)
- ❖ Rejuvenate your soul (aromas create peace and calm)

Individual experiences will vary.

AquaMED Dry Hydrotherapy

Created for the medical industry... now available to you. The healing comes through water, heat and massage; you stay dry. The bed creates 40-pounds of pressure and you don't even have to remove your clothes. From stressed discomfort to calmed rejuvenation in fifteen



TurboSonic®

Exercise and healing in just ten minutes. This patented technology utilizes the "whole body vibration theory". It originated from the concept of human body movement under Earth's gravity. Research shows the vertical vibrations improves:

- ❖ Circulation
 - ❖ Depression by increasing serotonin
 - ❖ Energy & endurance
 - ❖ Increase flexibility & agility
 - ❖ Health & well being
 - ❖ HGH levels up to 460%
- reduces:
- ❖ Pain & stress
 - ❖ Fatigue & cortisol
 - ❖ Fat & cellulite

